

## Conversation Prompts

*Note: These Conversation Prompts are a starting place. Please adapt them as seems best in your community.*

Meeting 1: Share a story from your childhood that has shaped how you see the world.

Meeting 2: Share a story from your life experience that has shaped how you see the world.

Meeting 3: Share a story from your faith that has shaped how you see the world.

Meeting 4: Share a story about something where you changed your mind. How did this impact how you see the world?

Meeting 5: As you look back over the previous year, share one regret, share one joy, share one gratitude. As you look toward the coming year, share one hope. *Note: We used this prompt in January.*

Meeting 6: Lent is a time of stripping away and letting go. Share a story of a time when you had something stripped away or had to let go of something—what opened up in you in the process? OR, share a story about something that you need stripped away or something that you need to let go of—what do you imagine might open up in you in the process?

Meeting 7: After the teaching on “*How do I respond when my buttons get pushed?*” reflect and share about the following:

- ***Pick a situation that has pushed your buttons recently. What was your go to shield?***
- ***Whom are you most likely to Move Away from? Move Toward? Move Against?***
- ***What situations prompt you to use each of these shields?***

*Note: Contact the Rev. Cynthia Banks for the teaching on “How do I respond when my buttons get pushed.”*

Meeting 8: Share a story about your experience with and/or feelings about guns. How does this impact how you see issues regarding guns?